



# HELENE SIELLEZ

PAPER DESIGNER

[WWW.HELENESIELLEZ.COM](http://WWW.HELENESIELLEZ.COM)

INSTAGRAM @HELENESIELLEZ



# ABOUT

Hélène Siellez is a French visual artist and designer. She experiments with everyday materials and objects, confronting them with traditional craftsmanship. In recent years, she has been exploring discarded paper in particular, using a process inspired by textile know-how to reveal the singularity of the material.

After studying space design and various professional experiences in this sector, Hélène Siellez turned to a career in visual arts in 2015. Graduating from the Beaux-Arts de Lorient in 2021, she analyses and experiments with the materials and objects that surround us, such as magazines, textiles and plastic packaging. This has led her to reflect on and become fascinated by the cultural elements of everyday life, and to tackle the theme of memory through materials.

For the past 10 years, she has been experimenting in her studio in Brittany, near Lorient. She regularly exhibits in France and abroad, including at the Salon d'Automne in Paris in 2017, and at Bergdorf Goodman in New York in 2024.

Hélène Siellez is also committed to teaching: she regularly takes part in art projects in schools.



Member of Ateliers d'Art de France



# MAGNIFYING EVERYDAY MATERIALS AND OBJECTS

Waste is endowed with a memory, rich with a whole past, the bearer of a body of experience, and the witness of a society at a given time. Hélène Siellez experiments with the materials and objects of our everyday lives, trivialised by their mass production and over-consumption. By confronting them with handcrafted work, she sets these discarded materials apart, revealing their innovative potential.

After collecting and experimenting, she patiently learns to create a bond with each material, to tame it, and in so doing to develop her own technique. In recent years, she has been exploring paper, using a process inspired by textile know-how to magnify and give a unique touch to everyday materials and objects.

Like a musical score, a story takes shape beneath each interwoven detail of the paper. It's a labyrinthine material that produces a physical movement in the viewer : a path leads towards the material, and we lose ourselves in networks, in a landscape.



**A TAAAAABLE**

Soup tureen, magazine papers



# PAPER, EXPERIMENTATION AND KNOW-HOW

Inspired by the craftsmanship of the textile sector, H  l  ne Siellez works with recycled paper to create unique creations that weave together and juxtapose fragments of material.

Like the characteristics of fibres in a weave, she selects each paper according to its weight, texture and colour. These elements help to reinforce or counteract the lines and internal networks of the material.



For her vases and furniture, she uses the age-old technique of papier m  ch   for the structure of each creation. This technique has the dual advantage of being solid and light, as well as using recycled paper.



# A CREATIVE APPROACH, INSPIRATIONS

Like Dubuffet's *Matériologies* and *Textuologies*, it catalogues the textures resulting from this research, to draw the eye to what we don't see. As Georges Pérec suggests, it's a question of 'observing the banal, the everyday, the commonplace, the background noise of our ordinary lives, yet so surprising...'

She analyses and experiments with the places where we live and the materials and objects we use in our daily lives, and this has led her to discover authors such as Roland Barthes, Georges Pérec and Francis Ponge. They led her to reflect on, and become fascinated by, the cultural elements that surround us and the idea of the everyday.

After collecting and experimenting, she patiently learns to create a bond with each material, to tame it and develop her own technique.

*«I work with materials and colours instinctively, using a logic of sensation».*





# PORTFOLIO



**CHUZENJI**  
Magazine paper  
Diptyque  
180 x 70 cm









**Vases collection ARVOR**  
100% magazine paper







**Collection lamp GALILEO**  
100% magazine paper







**Armchair VOLTAIRE**  
Recycled paper, wooden structure



# EXHIBITIONS

## Monographic exhibitions

2020 : *Trans*, Le Cap, Plérin sur Mer

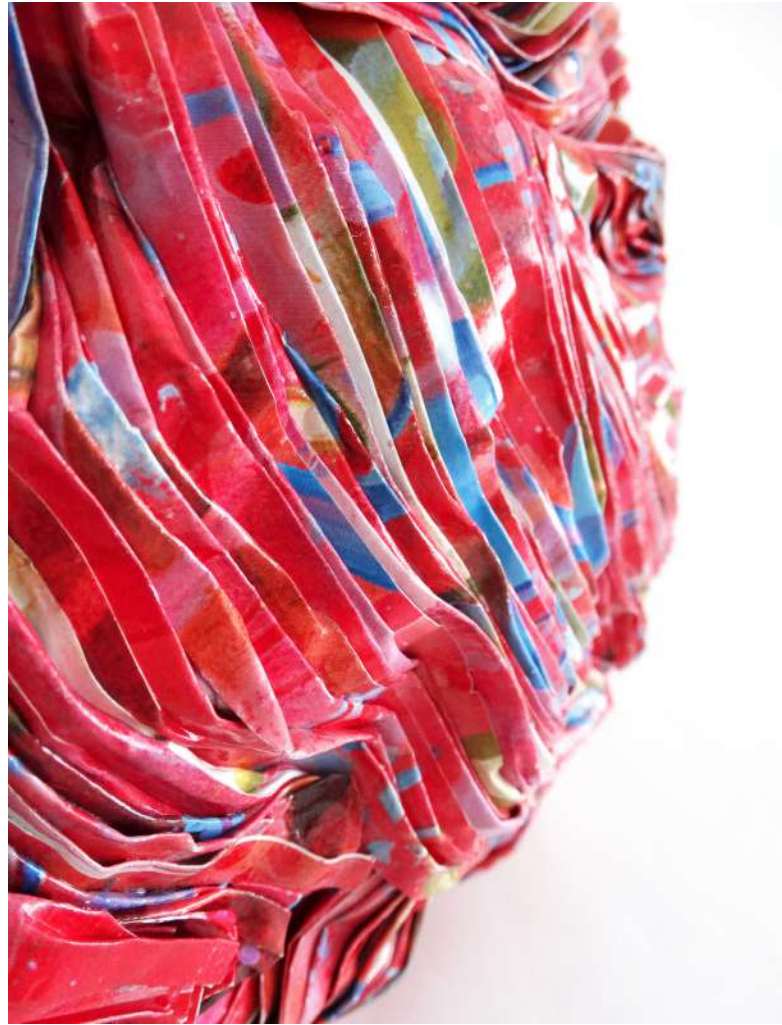
2020 : *Entrelacs*, Les Digitales, Caden

2019 : *Impressions*, La Ferté sous Jouarre art centre

2018 : *Mo(ve)ment*, S. Allende cultural centre, Saint-Malo



**Vase Yellow, collaboration with Another Mondaen**  
100% recycled paper



**Vase D. Richter, collaboration with Another Mondaen**  
100% recycled paper

## Group exhibitions, art fairs

2024 : Maison & Objet, Craft sector, Paris

2024 : *Rad'art*, Locmiquelic

2023 : Maison & Objet, Craft sector, Paris

2021 : *Du papier à l'oeuvre*, Chapelle bleue, Ploërmel

2021 : *Impressions couleurs*, La Passerelle, La Gacilly

2019 : *Architexture*, Montmagny art centre

2019 : Galerie Etienne De Causans, Paris

2019 : *Grand Art*, Châtenay-Malabry

2018 : *A la croisée des arts*, galerie 4ème Lieu, Saint-Malo

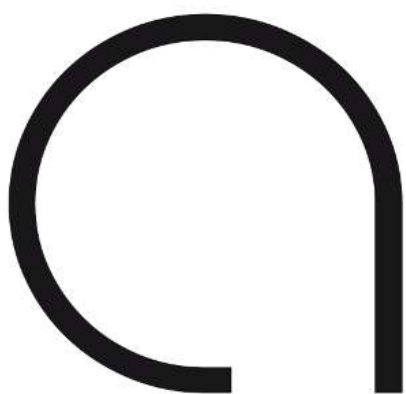
2017 : *Jeunes Talents*, galerie 361, Aix-en-Provence

2017 : Galerie Dans la cour des artistes, Wissous

2015 : *Regarde le quotidien*, galerie Pictura, Cesson-Sévigné



Hélène Siellez will be present  
from 4 to 8 september 2025 at Maison & Objet, Craft sector  
(Ateliers d'art de France)



**ATELIERS D'ART**  
DE FRANCE



**MAISON  
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P A R I S



# CONTACT



## **Hélène Siellez**

42 rue Jean Jaurès  
56600 Lanester  
FRANCE

**[www.helenesiellez.com](http://www.helenesiellez.com)**  
[helene.siellez@gmail.com](mailto:helene.siellez@gmail.com)

+33 6 70 78 11 17

Instagram [@helenesiellez](https://www.instagram.com/helenesiellez)