



ALA D ASTRA⁺

YOGA & WELLNESS LIFESTYLE
2023 PRODUCT CATALOG



WWW.ALADASTRA.COM



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*Aladastra [Ala-d- Astra] : translation: “pathway of stars”,
composed by the words ala and astra.*

*The word Ala has wonderful meanings in different cultures,
in architecture though it signifies the small rectangular space
before entering the altar of a temple.*

*D’astra translates ‘of stars’,
springing from the ancient Greek word for star, Aster.*





ABOUT THE BRAND

Aladastra is a sustainable luxury athleisure brand, that designs and manufactures printed yoga mats and yoga accessories.

From the moment of conception Aladastra has been based on two pillars. Design and Sustainability. Our vision was to create the most beautiful yoga mats and yoga accessories, manufactured to the highest international standards and certified for it.

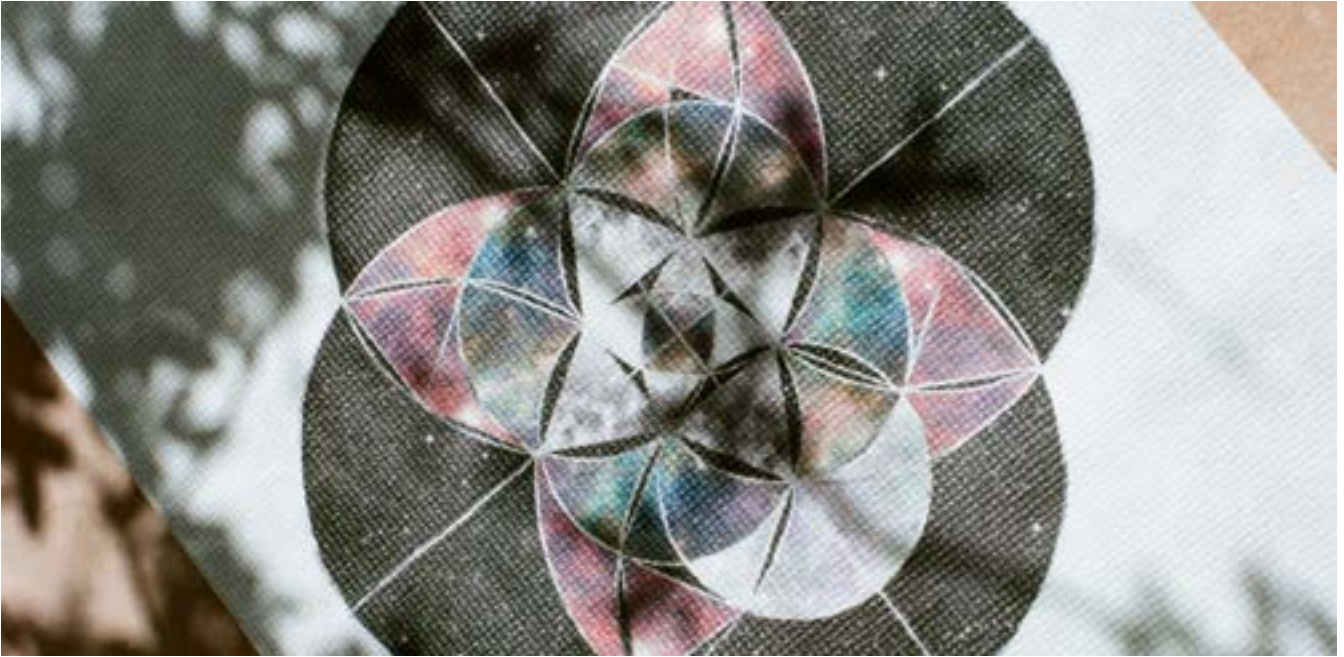
Aesthetic pleasure, top quality materials, ethical sourcing, clear manufacturing process, respectful both to humans involved in it and the environment are at the core of our business on all stages, from the sourcing of our materials, to the printing and packaging.

All our yoga mats are produced in Germany from medical grade PVC compounds in a zero-waste, zero-emissions process according to STANDARD 100 by OEKO-TEX®.

Our printing production and packaging manufacturing, which takes place in Athens Greece, is inline with the EN ISO 9001:2008 certified from TUV Austria and by EQA Hellas respectively.



Follow our flow.   @aladastra



about our
YOGA MATS & gear

Just as yoga prepares you to enter the cosmic realm, we feel that your mat is your personal altar, a small celestial corridor on which you train your body and cleanse your mind and soul to enter peacefully a higher state of being.

Patterns and lines that help you create mental notes on the placement of your limbs during practice.

Our mats and accessories will assist you without distracting you; they will rather create a protective ambience that one can gradually connect too. In that way no matter where you are whether at home, at the gym or on a business trip in a faceless hotel room you will instantly have a very warm and familiar space that helps you transcend and deepen your practice by silencing your surroundings and letting you amplify your energy.

Our mats are OEKO-TEX® certified.

This confirms Aladastra's commitment to a sustainable nontoxic production. Our printing is done sustainably with non-toxic solvent free UV cured inks. The grade of PVC used by Aladastra can be recycled up to 8 times so when the time comes to dispose think green.





yoga mats

CLASSIC COLLECTION

Your mat is your altar, connect with our subtle designs, meditate on the symbols and breathe in therapeutic colors. Our purpose is simple; to transport you to your comfort zone with a single step on your mat. Visualize your mat in your personal space. The premium quality of PVC we use is extremely dense which means that it's super comfortable on high stress asanas while remaining super lightweight easy to care for and carry.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

Medical grade PVC,
free of phthalates, heavy metals,
AZO, DOP and latex

MADE in Germany

DESIGNED & PRINTED in Athens

SIZE

185 cm X 60 cm

WEIGHT

1,2 kg

THICKNESS

5,2 mm



ORIGINS



AURILIUM



KALEIDOSCOPE



TALISMAN II



TRIBAL MOON



yoga mats

SUPER GRIP COLLECTION

Our Super Grip yoga mats use our signature white 'STANDARD 100 OEKO-TEX®' material and follow the same philosophy and ethical production as our classic yoga mats.

The difference lies in the larger unprinted white areas, that are extremely grippy and have a high friction tolerance.

They are suitable for beginners and professionals alike, and will give you a helping hand with correct positioning and alignment.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

Medical grade PVC,
free of phthalates, heavy metals,
AZO, DOP and latex

MADE in Germany

DESIGNED & PRINTED in Athens

SIZE

185 cm X 60 cm

WEIGHT

1,2 kg

THICKNESS

5,2 mm



MOONCYCLE



INDARRA II



MOONLIT FORREST



COSMIC ARCADE



ZODIAC



SURYA



LA LUNA



IL SOLE





INT – ABSTRAKT PIONJAR



yoga mats

PRO & PRO-LIGHT COLLECTION

Aladastra Pro yoga mats are guaranteed to last you a lifetime. They are made in Germany from the highest quality of PVC. Super thick at 6,4 mm and extra wide at 65cm this is the mat that will help you take your practice to the next level. Suitable for Yoga instructors and Yoga studios and home practice. The design is a Silk screen print, making it more resistant to friction and helping you achieve immaculate alignment.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

Medical grade PVC,
free of phthalates, heavy metals,
AZO, DOP and latex

MADE in Germany

DESIGNED & PRINTED in Athens

SIZE

185 cm X 66 cm

PRO YOGA MAT:

WEIGHT

3,8 kg

THICKNESS

6,4 mm

PRO-LIGHT YOGA MAT:

WEIGHT

3 kg

THICKNESS

4,6 mm



**BLACK ONYX
PRO**



**CERULEAN BLUE WHITE
PRO-LIGHT**



**CERULEAN BLUE BLACK
PRO-LIGHT**





limited edition

TUNISREISE COLLECTION

Domingos Octaviano X Aladastra is a limited edition collaboration that aims to bring together Art and Yoga. Starting from a common basis of a 'meditative process' brazilian artist Domingos Octaviano introduces us to a world of symbols and colors that speak directly to our mind and soul. Learn more about the TUNISREISE (Road to Tunis) collection by exploring these unique designs.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

Medical grade PVC,
free of phthalates, heavy metals,
AZO, DOP and latex

MADE in Germany

DESIGNED & PRINTED in Athens

SIZE

185 cm X 60 cm

WEIGHT

1,2 kg

THICKNESS

5,2 mm



KLEE



REISE



TUNIS





limited edition yoga mats & towels

PSYCHEDELIC DREAMS COLLECTION

Aladastra X Diane Alexandre is a limited edition collaboration that aims to bring together Art and Yoga. Focused on the ideas of transformation and rebirth, PSYCHEDELIC DREAMS portraits female figures surrounded by natural elements and animals.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MAT MATERIAL

Medical grade PVC,
free of phthalates, heavy metals,
AZO, DOP and latex

YOGA MATS MADE in Germany

TOWEL MATERIAL

100% high-tech microfiber

ECO FRIENDLY

SILK TOUCH

ANTI-SLIP

When wet

SAND REPELLING

TOWELS MADE in Greece

MATS & TOWELS DESIGNED &
PRINTED in Athens

MAT SIZE

185 cm X 60 cm

MAT WEIGHT

1,2 kg

MAT THICKNESS

5,2 mm

TOWEL SIZE

203 cm X 65 cm

LIGHT-WEIGHT

COMPACT

ULTRA ABSORBENT

MACHINE WASH

30 degrees

QUICK DRYING



NIGHT OWL MAT



WILDWOOD MAT



SUBAQUEOUS MAT





limited edition yoga mats & towels

SCARAB TALISMANS COLLECTION

Aladastra X Diane Alexandre is a limited edition collaboration that aims to bring together Art and Yoga. Focused on the ideas of transformation and rebirth, SCARAB TALISMANS are inspired from Diane's ceramic work.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MAT MATERIAL

Medical grade PVC,
free of phthalates, heavy metals,
AZO, DOP and latex

YOGA MATS MADE in Germany

TOWEL MATERIAL

100% high-tech microfiber

ECO FRIENDLY

SILK TOUCH

ANTI-SLIP

When wet

SAND REPELLING

TOWELS MADE in Greece

**MATS & TOWELS DESIGNED &
PRINTED** in Athens

MAT SIZE

185 cm X 60 cm

MAT WEIGHT

1,2 kg

MAT THICKNESS

5,2 mm

TOWEL SIZE

203 cm X 65 cm

LIGHT-WEIGHT

COMPACT

ULTRA ABSORBENT

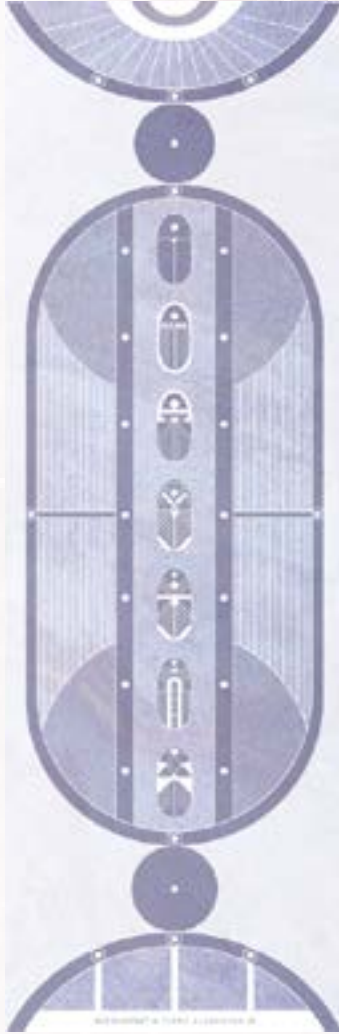
MACHINE WASH

30 degrees

QUICK DRYING



**RHODOCHROSITE
SCARAB**



**AVENTURINE
SCARAB**



**NEPHRITE
SCARAB**





yoga mats

YOGA PADS COLLECTION

Aladastra yoga pads are innovative mini yoga mats, multifunctional and OEKO-TEX® 100 certified just like our mats.

They can be use over your full sized Aladastra mat, over any mat or even alone providing extra cushioning, alignment assistance and meditation imaging.

A portable solution when you cannot carry your full sized mat but still want the hygiene and comfort of your own personal space.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

Medical grade PVC,
free of phthalates, heavy metals,
AZO, DOP and latex

MADE in Germany

DESIGNED & PRINTED in Athens

SIZE

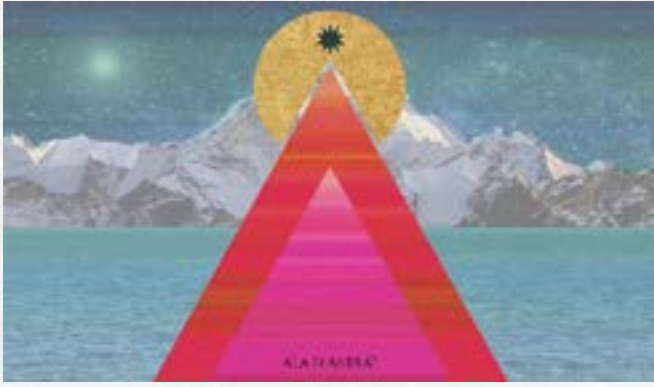
35 cm X 60 cm

WEIGHT

0,340 kg

THICKNESS

5,2 mm



NORTHERN STAR



BOTANICA



DECO LUNE



SOLARIS



PYRAMIDS



EYE SEE YOU





yoga gear

YOGA & LEISURE TOWELS LARGE

Made from high-tech OEAKO-TEX 100 certified micro-fiber with a silk finish. Aladastra towels are ideal for all sports and training as well as the perfect accessory for the beach, glamping and sailing or yachting. They also repel sand. Although extra long, they can fit in your palm when folded. Unfolded they cover even the longest yoga mats. This way you can have a clean and private workout surface wherever you practice. Grip increases when wet. They dry overnight when completely soaked and within minutes after a shower or a dive. They can also be used as superlight yoga blankets.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

100% high-tech microfiber

ECO FRIENDLY

SILK TOUCH

ANTI-SLIP

When wet

SAND REPELLING

MADE in Greece

DESIGNED & PRINTED in Athens

SIZE

203 cm X 65 cm

LIGHT-WEIGHT

COMPACT

ULTRA ABSORBENT

MACHINE WASH

30 degrees

QUICK DRYING



BALLAST



CASABLANCA



INDARRA



MARBLE



MEZCAL



MOONCYCLE



MOSAIC



OCEANIA



SAVANNAH



TALISMAN



TWIN PEAKS





yoga gear

YOGA & LEISURE TOWELS SMALL

Made from high-tech OEAKO-TEX 100 certified micro-fiber with a silk finish. Aladastra towels are ideal for all sports and training as well as the perfect accessory for the beach, glamping and sailing or yachting. They also repel sand. Although extra long, they can fit in your palm when folded. Unfolded they cover even the longest yoga mats. This way you can have a clean and private workout surface wherever you practice. Grip increases when wet. They dry overnight when completely soaked and within minutes after a shower or a dive. They can also be used as superlight yoga blankets.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

100% high-tech microfiber

ECO FRIENDLY

SILK TOUCH

ANTI-SLIP

When wet

SAND REPELLING

MADE in Greece

DESIGNED & PRINTED in Athens

SIZE

40 cm X 65 cm

LIGHT-WEIGHT

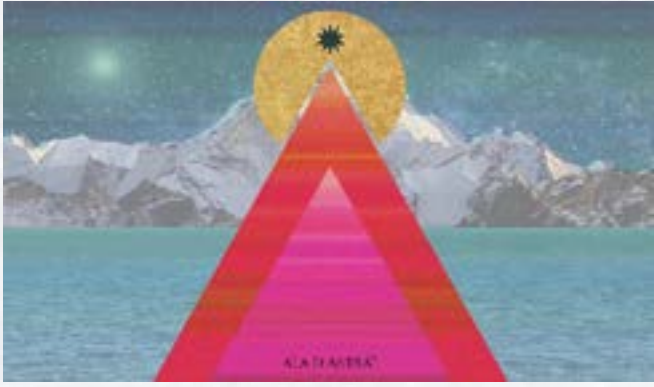
COMPACT

ULTRA ABSORBENT

MACHINE WASH

30 degrees

QUICK DRYING



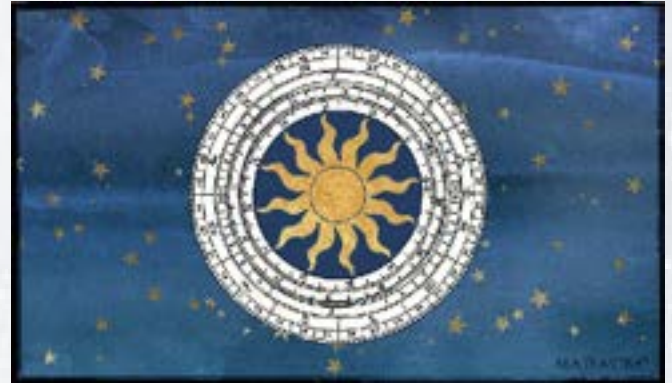
NORTHERN STAR



BOTANICA



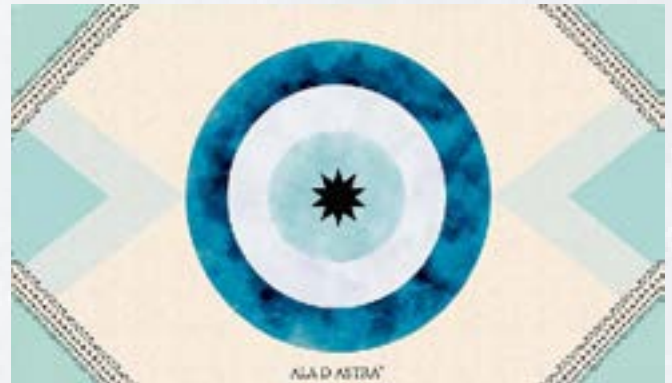
DECO LUNE



SOLARIS



PYRAMIDS



EYE SEE YOU





yoga gear

YOGA STRAPS COLLECTION

Aladastra handmade Yoga Straps are a yogis best friend. The kind of friend that always pushes you to reach your full potential but simultaneously provides a safety net. The yoga strap is the oldest yoga prop, we have added a shiny twist, a feast of colors and an OEKO-TEX® 100 certification. Aladastra yoga straps provide support for balance and stretching exercises. The strap gives you control and the ability to keep poses for a longer amount of time allowing you to observe your body by safely stretching further and deepening your practice. Blended with Lurex yarn, Aladastra straps add a delicate and discreet shine to your everyday practice.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

Certified Polyester & Lurex,
free of phthalates, heavy metals,
AZO, DOP and latex,
embroidery on wool,
heavy duty rolled steel metal rings

HANDMADE in Greece

SIZE

240 cm X 4 cm

WEIGHT

160 gr



GARNET RED



LAPPIS LAZZULI



EARTH



SNOW WHITE



STAR RUBY



MARBLE GREY



AMETHYST LILAC



AQUAMARINE BLUE



MORGANITE PINK



PERIDOT LIME



SAND





yoga gear

YOGA BLOCKS COLLECTION

Aladastra yoga blocks enhance your practice by offering support, balance, alignment and an assist on stretching and back-bending. A yoga block can be a super useful tool for beginners and more experienced yogis as well. Cork blocks have a resilient solid, dense and firm structure than foam blocks, allowing more support, grip and safety. Aladastra yoga blocks are made of high-quality sustainable cork and they are laser engraved by artisans in Athens.

PRODUCT INFORMATION

CERTIFIED

STANDARD 100 by OEKO-TEX®

MATERIAL

Certified sustainable, natural cork

DESIGN

Laser engraved and contoured edges

CLEAN

Wipe clean with a damp cloth

Do not use harsh chemicals

HANDMADE in Greece

SIZE

22 cm X 12 cm X 7cm

WEIGHT

160 gr



MOON ARCANA



STAR ARCANA



SUN ARCANA





yoga gear

YOGA BAGS COLLECTION

Aladastra printed bags are the perfect way to protect and carry your mat wherever you go. UV laser printed and OEKO-TEX 100 certified. The bag will fit all our classic and super grip yoga mats, as well as any other regular mat.

PRODUCT INFORMATION

DESIGN

No zipper, slim and sleek design for the best mobility and comfort

MATERIAL

Durable synthetic fabric

PRINTED & HANDMADE

in Greece

FIT

Comfortably fits small to medium sized yoga mats

MACHINE WASH

30 degrees

No zipper allows for easy wash



CLOUD STARDUST



RAINBOW TIE-DYE



SUNSET STARDUST



FUSCHIA TIE-DYE



OCEAN STARDUST



INDIGO TIE-DYE



NIGHTSHADE FRACTAL



SKY FRACTAL



FORREST FRACTAL





wellness

SOY WAX CANDLES

Aladastra Pure Soy Wax candles, blended with over 10% organic essential oils in beautiful hand made reusable pottery jars..

breathe in the delicate, healing, mystical aromas and elate your home ambience and meditation practice.

Hand poured & hand made by artisans in Athens.

PRODUCT INFORMATION

INGREDIENTS

Pure soy wax and
over 10% essential oils

VEGAN

OTHER MATERIALS

100% natural unbleached cotton
wicks, food grade ceramic with lid
HAND POURED & HAND MADE
by artisans in Athens

WEIGHT

600 gr

NET WEIGHT

270 gr

BURNING TIME

More than 70 hours





THE MEDITATION CANDLE
Packaging



THE MEDITATION CANDLE
Ceramic pot with lid



THE PILGRIMAGE CANDLE
Packaging



THE PILGRIMAGE CANDLE
Ceramic pot with lid



THE PILGRIMAGE CANDLE
Packaging



THE PILGRIMAGE CANDLE
Ceramic pot with lid



THE HA CANDLE
Packaging



THE HA CANDLE
Ceramic pot with lid



THE THA CANDLE
Packaging



THE THA CANDLE
Ceramic pot with lid



THE INDIGO NIGHT CANDLE
Packaging



THE INDIGO NIGHT CANDLE
Ceramic pot with lid





wellness

SOY WAX CANDLESTICKS

Aladastra Pure Soy Wax Candles on a stick!
Blended with over 10% organic essential oils.
Hand made by artisans in Athens.

PRODUCT INFORMATION

INGREDIENTS

Pure soy wax and
over 10% essential oils

VEGAN

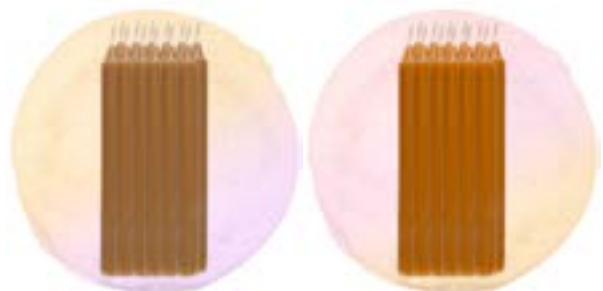
OTHER MATERIALS

100% natural unbleached cotton
wick

HAND POURED & HAND MADE

by artisans in Athens

PACK OF 12 CANDLESTICKS





THE MEDITATION CANDLE
Packaging



THE MEDITATION CANDLE
Ceramic pot with lid



THE PILGRIMAGE CANDLE
Packaging



THE PILGRIMAGE CANDLE
Ceramic pot with lid



THE PILGRIMAGE CANDLE
Packaging



THE PILGRIMAGE CANDLE
Ceramic pot with lid



wellness

MASSAGE CANDLES

Aladastra Massage Candles are 100% vegan and edible. The heated oil will detox, nourish and moisturise your skin. Blended with unique essential oils for deep relaxation and skin nourishment during your massage treatment. Hand poured & hand made by artisans in Athens.

PRODUCT INFORMATION

HOW TO USE

Burn for 20 minutes until wax liquifies into a pool of oil. Blow out and pour directly on any area of the skin.

INGREDIENTS

Pure soy wax and over 10% essential oils

VEGAN

OTHER MATERIALS

100% natural unbleached cotton wicks, food grade ceramic with lid

WEIGHT

600 gr

NET WEIGHT

270 gr

BURNING TIME

More than 70 hours

HAND Poured & HAND MADE

by artisans in Athens



THE WHITE PEONY MASSAGE CANDLE



THE AEGEAN FIG MASSAGE CANDLE





wellness

HERBAL TEAS

Aladastra teas are both luxuriant and indulgent, meticulously crafted down to the finest details. These blends aid digestion, normalise blood pressure and boost immunity.

Chai Latte: A spice blend of ginger, cinnamon, clove, cardamom, black peppercorn, turmeric & lapacho

Detox Blend: A spice blend of cardamom, sage, nettle, lavender, lemon verbena, pink rosebuds & ashwagandha root

PRODUCT INFORMATION

INGREDIENTS

Pure herbs, roots & flowers, 100% organic, caffeine & theine free, no preservatives, no additives coloring or artificial flavouring

HAND BLENDED & GRINNED PACKAGING

100% recyclable & reusable with safety lock to ensure freshness

MANUFACTURED & PACKED in Athens, Greece

NET WEIGHT

125 gr

QUANTITY & STORAGE

Over 50 cups

Store in a dry & cool space





CHAI LATTE



DETOX BLEND





wellness

ADAPTOGENIC POWDER

Adaptogenic Skin, Mood & Hormone Balancer

100% Organic, Vegan & Adaptogenic powder of Rose, Ashwagandha & Beetroot. Unsweetened, no preservatives, additives, colouring or artificial flavoring.

HOW TO USE: Mix 1 tsp into warm water or warm plant-based milk or add to a cup of tea, fresh juice or smoothie. You can also enjoy it by dusting it to your favorite healthy recipe and delicious cakes.

PRODUCT INFORMATION

INGREDIENTS

100% organic, vegan & adaptogenic powder of rose, ashwagandha & beetroot, unsweetened, no preservatives, no additives coloring or artificial flavouring

VIOLET GLASS PACKAGING

biophotonic activity protection from harmful rays of light, improved shelf life, used for high-quality products

MANUFACTURED & PACKED

in Athens, Greece

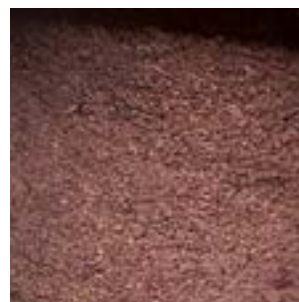
NET WEIGHT

142 gr

STORAGE

Store in a dry & cool space

Consult with your healthcare practitioner





PINK STARDUST





wellness

PALO SANTO

Holy Wood from Peru. Palo Santo, or Holy Stick, (*Burseara Graveolens*) is a natural wood aromatic incense and has been revered by the Amazonian people for centuries. The Incas and indigenous people of the Andes used it as a spiritual remedy for purifying and cleansing, as well as for medicinal purposes. Its heady sweet smoke has a beautiful mint and citrus aroma with underlying notes of pine and frankincense, its close relative. Our suppliers sustainably wild harvest Palo Santo from Peru from naturally fallen trees and branches that lie for 4-10 years before they are collected and are certified for it.

PRODUCT INFORMATION

HOW TO USE

Light one stick for roughly 15 seconds and carefully blow out the flame. Let the flame smolder to release the scent. Use a heat resistant shell or bowl to catch the ash and rest your stick. Can also be used for its raw aroma and does not need to be lit.

WILD HARVESTED in Peru

QUANTITY

Bundle of 2 chunky sticks

SIZE

Approximately 10 cm long and 2,5 cm in diameter

CAUTION

Do not leave unattended while burning



PALO SANTO NATURAL WOOD
Peruvian wild harvested



CLEANSING KIT I
small Palo Santo with Summer Honey Holder



CLEANSING KIT II
small Palo Santo with Soft Rose Holder



CLEANSING KIT III
small Palo Santo with Cherry Blossom Holder





wellness

SMUDGES

Smudging has its roots as a ritual in many Pagan traditions, from Shamans of Indigenous Peoples in North America, to India and ancient Greece as a preparation before temple rituals.

We smudge our homes and bodies to clear heavy energies and renew our energy. All the ingredients are certified organic, and hand picked from the area of mount Olympus in Greece.

All smudges are bound by hand with 100% organic cotton thread.

PRODUCT INFORMATION

HOW TO USE

Hold the sage at a 45 degree angle, light it using a match or a candle, let it burn for about 2-3 seconds. Gently blow out the flame and allow the smoke to waft around. Burn until 3cm above thread handle.
HAND PICKED from Olympus, Greece

QUANTITY

1 smudges bundle

SIZE

Approximately 10 to 20 cm long

CAUTION

Do not leave unattended while burning.
 Tamp out immediately any fallen embers.
 Do not inhale the smoke directly.
 Leave windows open at all times.



RAINBOW SMUDGE
White sage, Ironwort and Eucalyptus



MELLOW SMUDGE
White Sage and Lavender



FRESH SMUDGE
White Sage and Eucalyptus



NATIVE SMUDGE
White Sage





RAINBOW SMUDGE



ALA D ASTRA*
white sage,
ironwort & eucalyptus
Handmade smudge wand

SACRED WAND

WIKIKANTOR
This smudge wand is made from natural, dried herbs and is perfect for smudging your home, car, or office. It is a great way to purify your space and create a positive atmosphere.



wellness

SMALL CERAMIC HOLDERS

Hand made by artisans in a small traditional ceramic studio in Athens, our Palo Santo and Smudges holders are one of a kind.

Our Small holders can be used for thinner Palo Santo sticks, Smudge sticks as well as for candles as candelabras.

All the colors used are lead free and environmentally friendly.

Each holder is painted by hand and baked twice in traditional ceramic ovens.

Due to their uniqueness there will be differences between items.

PRODUCT INFORMATION

INGREDIENTS

White and red natural clay

DIMENSIONS

Base diameter: 8 cm

Top bowl diameter: 2 cm

HAND MADE

by artisans in Athens





SUMMER HONEY



MELLOW SUNSET



MIDNIGHT BLACK



SOFT ROSE



SUMMER MINT



BLUE BREEZE



DALMATIAN



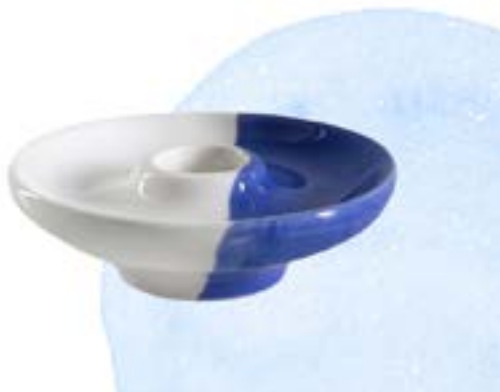
ALOE VERA



CHERRY BLOSSOM



PURPLE RAIN



INDIGO CRESCENT





wellness

LARGE CERAMIC HOLDERS

Hand made by artisans in a small traditional ceramic studio in Athens, our Palo Santo and Smudges holders are one of a kind.

Our Large holders are ideal for chunkier Palo Santo sticks.

All the colors used are lead free and environmentally friendly.

Each holder is painted by hand and baked twice in traditional ceramic ovens.

Due to their uniqueness there will be differences between items.

PRODUCT INFORMATION

INGREDIENTS

White and red natural clay

DIMENSIONS

Base diameter: 10 cm

Top bowl diameter: 5 cm

HAND MADE

by artisans in Athens





SKY & SEA



PURE WHITE



ROSE & GRASS



ROSE & HONEY



wellness

BATH SOAKS

Since antiquity humans across civilizations were on the search for magical hot springs to relax, detox and cure their bodies... salts and minerals from the far corners of our Earth, plants and flowers with healing and invigorating properties, as well as drops of distilled essential oils have been combined to gift their powers to us.

In the luxury and comfort of our home we can now enjoy these ancient rituals and indulge in the pleasure of a relaxing flower bath.

PRODUCT INFORMATION

INGREDIENTS

Salts & minerals, Botanicals and
Essential oils

**VEGAN & ORGANIC
OR WILD CRAFTED**

HANDBLENDED in Athens

WEIGHT

100 gr



THEY CALL ME WILD ROSE
nourishing



RESTART 1-UP
revitalizing vitamin



POST WORKOUT WONDER
sore muscle relief



CALM BEFORE THE STORM
energizing



SQUEAKY CLEAN
deep cleansing



MONDAY TO FRIDAY RITUAL PACK
5 small Bath Soaks



wellness

MAT CLEANSERS & BODY MISTS

Purify your space and engage your senses to facilitate meditation, relaxation and vitality. Tailor made for printed yoga mats and made with 100% powerful organic essential oils and double distilled H₂O, our cleanser will leave your mat free of any sticky or slippery residue, disinfected and unbelievably fresh. Essential oils eliminate bacteria and can be used to disinfect all surfaces including fabrics. Freshen and fragrance your space & body without chemicals and without compromise. Due to the pure nature of our certified ingredients our mists are safe for contact with bare skin.

PRODUCT INFORMATION

INGREDIENTS

Organic essential oils and double distilled H₂O
 Free from parabens, phosphates and alcohol
 Contains zero harsh chemicals

PROPERTIES

Antibacterial, antimicrobial, antiseptic, anti-fungal, anti-stress

HAND MADE with love

WEIGHT

170 ml

LASTING

At least 1,200 sprays

HOW TO USE

Can be used on any yoga mat, surface and skin.

RECYCLE

Infinitely recyclable aluminum bottle and recyclable cap

NEVER TESTED ON ANIMALS



	EUCALYPTUS	ROSE
ANTIBACTERIAL	♥	
ANTIMICROBIAL	♥	♥
ANTISEPTIC	♥	
ANTIFUNGAL	♥	
ANTI-STRESS		♥

I. ROSE & EUCALYPTUS



	SANDALWOOD	CLOVE	CEDARWOOD
ANTIBACTERIAL			♥
ANTIMICROBIAL	♥	♥	♥
ANTISEPTIC		♥	♥
ANTIFUNGAL		♥	♥
ANTI-STRESS	♥		

II. SANDALWOOD, CLOVE & CEDARWOOD



	TEA TREE	BERGAMOT	MINT
ANTIBACTERIAL		♥	♥
ANTIMICROBIAL	♥		♥
ANTISEPTIC			♥
ANTIFUNGAL	♥		♥
ANTI-STRESS		♥	

III. TEA TREE, BERGAMOT & MINT



	LAVENDER	NEROLI	ROSEWOOD
ANTIBACTERIAL	♥	♥	
ANTIMICROBIAL	♥		
ANTISEPTIC		♥	
ANTIFUNGAL	♥		
ANTI-STRESS	♥	♥	♥

IV. LAVENDER, NEROLI & ROSEWOOD



ESSENCE OF
NEROLI & ROSEWOOD
YOGA MAT CLEANSER & BODY MIST



ALAD ASTRA
TEA TREE
BERGAMOT & MINT
YOGA MAT CLEANSER & BODY MIST



ALAD ASTRA
SANDALWOOD,
CLOVE & CEDARWOOD
YOGA MAT CLEANSER & BODY MIST
handmade with organic essential oils & double distilled water



ALAD ASTRA
ROSE
& EYCALYPTUS
YOGA MAT CLEANSER & BODY MIST
handmade with organic essential oils & double distilled water

shake to activate

5.7oz / 170ml



jewelry

NECKLACES

Since antiquity across cultures and religions talismans, natural stones and beaded necklaces have been used to assist personal practice and the road to spiritual growth. Aladastra jewelry can be used to count, repeat affirmations or to meditate on the amazing colors and beauty of natural stones and their versatile properties. All our stones are natural, fairtrade and extracted with methods that do not jeopardise the biodiversity of their place of origin. All our jewelry are handmade and nickel free.

PRODUCT INFORMATION

MATTE POLISHED

NATURAL FAIRTRADE STONES

Amazonite, Jasper, Brown Hematite, Gold Hematite, Silver Hematite, Pink Quartz, Clear Quartz, Smoky Quartz, Brown Agate, Pink Moonstone and Dark Green Howlite

OTHER MATERIALS

Cast Iron miniature sculpture and Brass OM locket

LENGTH

from 88 cm to 170 cm

GEMSTONES DIAMETER

from 0,2 cm to 0,4



AURA IN LOTUS



EARTH OM LOCKET



OCEAN OM LOCKET



SKY AND EARTH



AROUND THE WORLD



SOFT ROSE CERAMIC JEWELRY VESSEL



jewelry

CHAKRA BRACELETS

7 Chakras, 12 different gemstones. Our bracelets are created to help keep the Seven Chakras at their right energy level while causing us to feel more balanced. These bracelets are worn on the left hand, as the left side of our bodies deals with the internal self and controls stresses from the outside environment. Receive the healing energy of our crystal bracelets, open your chakras and replace negative thoughts with an optimistic outlook towards life.

PRODUCT INFORMATION

NATURAL GEMSTONES

Amazonite, Amethyst, Apatite, Aquamarine, Blue Lace Agate, Clear Quartz, Malachite, Moonstone, Rose Quartz, Tiger's Eye
HANDMADE in Athens

WRIST PERIMETER

from min 12 cm (kids)
to 23 cm (adult males)

GEMSTONES DIAMETER

0,8 cm

MACRAME CLOSING

Sand color cord





