



originalhome
100% ECO DESIGN

Trend S/S 2022

HEALTHY KITCHEN

DECORATE GREEN

When we think of decorating green we rather think of indoor plants. But what about herbs, fruits, and veggies? We seldomly see them as a part of our interior decoration but we definitely should! They create a great atmosphere, the smell stimulates the brain and influences us subconsciously to choose a more conscious lifestyle. A healthier lifestyle gives more energy, positivity and improves our wellbeing.

4 Tips to decorate healthy and green

1) Transform your kitchen into a healthy haven

Decorate your kitchen abundantly with herbs, fruits and veggies. Not all fruits and veggies belong in the fridge and should be stored at room temperature. Tomatoes, cucumber and citrus fruits do better outside of the fridge. Displaying the greens will inspire you to eat healthier. So better move the healthy goods out of your refrigerator and display the bell peppers, tomatoes, pumpkins, and egg plants in handwoven baskets or on wooden trays.

2) Create a big fruit and/or veggie basket

Play around with colours, shapes, and textures of various fruits and veggies to decorate a healthy basket for any space. The presence of healthy foods can influence our mental and physical well-being. Research shows that citrus fruits stimulate productivity and happiness while a cucumber makes us hungry for other veggies. Display them in a beautiful basket and it will be the eye-catcher of the room. You can either combine different fruits and veggies or stay with just one type of fruit such as lemons or apples for a more artsy look and feel.

3) Regrow vegetables

There are many common vegetables that you can simply re-grow from scraps. This is not only a great money saver but good for the planet too! Regrowing veggies in water makes a great and easy decoration. Making full use of a plant's ability to grow new roots and regenerate, is a great way to turn vegetable leftovers into new produce.

Vegetables you can regrow from scrap:

- Onions: place a small section of the bottom of a bulb or stem, with the roots attached, and place it in a shallow dish of water
- Celery: Cut off the celery, and leave about an inch or two from the base. Place in a glass or jar with a little warm water. Place the bowl in a sunny and warm spot.

- Romaine Lettuce, Bok Choy, Cabbage: You can also re-grow head-forming lettuces and other leafy crops simply by retaining the rooting section, placing it in water, and waiting for a second flush of leaves to grow.
- Carrots: Retaining the tops (where the leaves and stems join onto the root) from carrots, turnips, and other root crops will allow you to regrow them. Place the tops in a container of water and new, green tops should begin to grow in a matter of days.
- Basil, Mint, and Cilantro: Place a stem of around 10 cm long into a glass of water and make sure the leaves are above water level. It will regrow in no time!

4) Choose vegan meals more often

Cooking healthy meals is an important part of living a conscious lifestyle. Consider cooking as a way of self-care rather than a daily task. Not only do plants provide you with beneficial properties but eating plant-based will also reduce your environmental impact tremendously. And a big plus: Vegan meals are often lust for the eye!

About originalhome

We love living green and design our products with respect to the planet and its people by putting planet and people before profit. We solely use earth friendly materials that are quickly renewable and from organic waste. We ethically collaborate with small entrepreneurs in rural areas in developing countries to create more job opportunities. The mainly manual production processes have a low impact on the environment and we give back 30% of our profits to communal projects.

Our collection is based on the principle of biophilic design by emanating nature and preserving the authentic character of the materials in our organic and minimalistic designs. Our collection fits any style, any time and increases your wellbeing, inspires you to be creative and emphasizes your uniqueness. Our products may not be perfect, but are 100% original, just like you!